



Roots Academy Snacks

Mon.	Tue.	Wed.	Thu.	Fri.		
1 AM Banana PM Ritz Crackers	2 AM Apples PM Gold Fish	3 AM Cheese Stick PM Pudding Cup	4 AM Fruit Cup PM Graham Crackers	5 AM Apple Sauce PM Pretzels		
6 AM Craisins PM Animal Crackers	7 AM Yogurt PM Gold Fish	8 AM Banana PM Graham Crackers	9 AM Raisin Bread PM Ritz Crackers	10 AM Cheese Stick PM Pretzels		
11 AM Fruit snacks PM Pretzels	12 AM Apples PM Gold Fish	13 AM Apple Sauce PM Graham Crackers	14 AM Banana PM Craisins	15 AM Yogurt PM Animal Crackers		
16 AM Cinnamon Rice Chex PM White Cheddar Puffs	17 AM Cheese Stick PM Cheerios	18 AM Apples PM Pudding Cups	19 AM Veggie Straws PM Banana	20 AM Apple Sauce PM Pretzels		
21 AM Fruit Snacks PM Veggie Straws	22 AM Cheerios PM Graham Crackers	23 AM Banana PM Cinnamon Rice Chex	24 AM Gold Fish PM Apples	25 AM Animal Crackers PM Cheese Stick		

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Roots Academy provides 2 snacks daily to full time early learning center students - 1 snack to Parents Day Out students and 1 snack to VPK only students. All snacks are peanut free. Each student needs to pack/provide lunch every day. Any students with allergies or special dietary needs may provide all snacks and label them for each day. Snacks subject to change as needed.