

Roots Academy – Monthly Snack Menu (Sample)

Monday	Tuesday	Wednesday	Thursday	Friday
AM: Goldfish PM: Applesauce	AM: Cheerios PM: Cheese Sticks	AM: Animal Crackers PM: Yogurt	AM: Rice Cakes PM: Chex Mix	AM: Crackers PM: Tortilla Chips & Salsa
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This is a sample snack menu and is subject to change. Roots Academy works closely with families and takes great care to accommodate and safely serve children with food allergies.